

# A training for psychotherapy supervisors... Supervision Seminar with Dr. Heward Wilkinson

*Living Institute seminar series*

**October 17, 18 & 19, 2017**  
**10am – 1pm**

**Fee: \$300 for 3-day seminar or  
\$125 per day**

**Living Institute**  
**208 Carlton St. Toronto**  
**[www.livinginstitute.org](http://www.livinginstitute.org)**

Dr. Heward Wilkinson, D. Psych., BA, MA, MSc Psychotherapy, RN(M), CertEd, UKCP Fellow, UKCP Registered Integrative Psychotherapist, was Chair, UKCP Humanistic and Integrative Psychotherapy College for three periods, the original commissioning Senior Editor of the *International Journal of Psychotherapy*, 1996-2004, is on the current Ed. Bd., and is the European Editor, *Canadian Journal of Integrative Psychotherapy and Counselling*, published by the Canadian Humanistic and Transpersonal Association. He is a Full Teacher Scarborough Psychotherapy Training Inst. (Gestalt, Integrative, Relational psychotherapies). He is active in UK/European psychotherapy regulation scene.

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**What is the core of our understanding of Supervision?  
There are many elements synthesised in it,  
yet we place the *process of therapeutic work* at the  
heart of supervision.**

This seminar will teach a variety of ways to tune into and understand process in supervision and enable your supervisees to enhance their client's therapy and enable change.

We will explore 'process' as a many-sided term, facilitated through a gradually deepening experience of stances, behaviours, feelings, and intentional tendencies in the supervision session. Together these reveal subtle patterns, which relate to personal histories, self-realisation, potentials and aspirations.

Because *process* is reflexive, and embodies cultural as well as psychological determinants, it requires a *phenomenological* approach as well as a *relational* one. Process is a form of *enactment*.

This seminar is a shortened version of a course at Scarborough Counselling and Psychotherapy Training Institute, UK  
<http://www.scpti.co.uk/supervision-diploma.html>

**This seminar fulfils 9 hours of training in supervision  
required by CRPO for 2018:**

*“the supervisor must have completed 30 hours of directed learning in providing clinical supervision. Directed learning can include **course work**, supervised practice as a clinical supervisor, individual/peer/group learning, and independent study that includes structured readings”.*