

Living Institute Existential-Integrative Psychotherapy Diploma Clinical Program Review 2013 Questionnaire Guidelines

The attached class evaluation grid and narrative review is designed for you to give feedback on the teaching and learning in the Living Institute Existential-Integrative Psychotherapy Diploma program that leads to development of the competencies required for clinical practice. 'Competencies' are not just clinical skills. An outline of what is meant by competency is given below. Clinical practice is not restricted to working with clients. It also includes being able to keep up with current state of knowledge, and to contribute to the tradition of knowledge development in the field.

In a paper on competency assessment published by the American Psychological Association in 2009, provide to us by David Lukoff in response to our request for assistance in developing our competency assessment model, competency is defined as "the habitual and judicious use of communication, knowledge, technical skills, clinical reasoning, emotions, values, and reflection in daily practice ... consisting of cognitive, integrative, relational, affective/moral and habits of mind dimensions" that are "developmental and context dependant". In essence, a competency is defined by "knowledge, skills, attitudes and their integration" (Competency Assessment Toolkit for Professional Psychology, *Training and Education in Psychology*, 2009, Vol. 3, No. 4(Suppl.). S27 – S45. N. J. Kaslow, L. F. Campbell, R. L. Hatcher, C. L. Grus, N. A. Fouad, E. R. Rodolfa, S28, S34). Knowledge is self explanatory, as is skills. Attitudes refers to the way you think about something in an emotional, reflective, valuing and ethical sense. Integration is self explanatory.

The attached class evaluation grid and narrative review is structured as a chart you can fill it in on your computer and email it back to me. You need to save it to be able to fill it in and email it back. If you are saving in word, you need to save it as a docx not doc.

Class Evaluation Grid

The class evaluation grid lists classes or learning activities (such as the self development part of the program) throughout the 3+ years of the program, year by year, and asks you to rate each one in terms of the essential elements of psychotherapy competencies. In each year there is an 'other' listing to allow the rating of classes that are not currently listed but which were there in your time. Please put the name and calendar year of the class on the line beside 'other'. Some classes or activities are listed in more than one year. For example, Self Development is listed throughout the whole program. Please fill it in for each year, since as you progress through the program, what you get out of it will change as you go forward. Other classes or activities, such as group observation, are listed in years 2 and 3. If you completed a class such as this in year 2, then rate it for that year and put N in year 3. And so on for similar classes or learning activities.

Beside the list of classes there are six columns for rating the teaching of essential competency elements in each class or learning activity. K refers to knowledge, S refers to skills, A refers to attitudes, I refers to integration. C refers to being able to keep up with the current state of knowledge in the field and to make a contribution. The final column, P, is about what you actually do i.e. is it relevant to your current clinical practice. You are asked to rate each class or learning activity under these headings using a 0 to 5 scale. 0 means not relevant or useful. 1 means somewhat relevant, 3 means relevant and 5 means most essentially relevant. If you don't recall or simply don't have an opinion please put ? If the class was not given in your time put N.

The rating is meant to be from your pov i.e. was/is it relevant for you, in your opinion.

To make an entry in the grid, click on the lower left corner of a box. This will highlight the box. You can then type in the number rating of your choice. If you don't do this, when you type in a number rating the box expands.

Narrative Review

Can you please write something on the following topics in the space provided in the attached questionnaire.

The boxes will expand as you write in them so write as much as you wish.

1. Which clinical methodologies that you have been taught do you use in your practice and which not so much?
2. What parts of the overview that you have been presented with do you draw on in your practice?
3. Do you tend to work from a humanistic, psychodynamic, archetypal, existential, transpersonal, somatic, perspective, or not, and what is the mix in your practice?
4. Do you think of yourself as a HEP practitioner or aspire to be?
5. How would you describe your client base?
6. What kinds of issues are you dealing with in your practice?
7. What would you like to see more of in the clinical training in the program?
8. What would you like to see less of in the clinical training in the program?
9. What was missing from the clinical training?

Thank you for your time and energy in completing this. It will help us evolve the program so as to be more relevant to future students and, ultimately, to all practitioners who graduate from the program and become your colleagues.